

CLAHRC CP News

First CLAHRC fellowship year comes to an end

CLAHRC staff and Fellows from both cohorts 1 and 2 came together on 1 December, to celebrate the end of the first Fellowship year at the CLAHRC CP.

There were presentations from each of the cohort 1 Fellows, highlighting the outcomes from their CLAHRC project as well as their personal reflections about what went well, the challenges they faced, and what they gained from their involvement with the CLAHRC over the past year.

For many Fellows, the CLAHRC had given them the dedicated study time, the tools, and the support needed to explore a research question of direct relevance to their role. Some came to the CLAHRC with their own project ideas, while others got involved in existing CLAHRC studies.

The CLAHRC Fellows have made a valuable contribution to the CLAHRC, bringing a different set of experiences and perspectives to the research; acting as local "research champions"; and helping the CLAHRC to connect with healthcare practitioners in the community.

For more information on the event please visit our [website](#).

Good practice in public involvement

A workshop held on the 17th of November considered different perspectives on patient and public involvement in research. Two members of the public and two CLAHRC researchers shared their experiences of involvement and discussed how to get the most value from involvement activities. Thank you to all those who took part. [Click here to read the full report](#).

Fellows' role in implementation: Katy Harrison

Katy Harrison is End of Life Care Facilitator in Peterborough with a background in District Nursing. As part of her 2011 CLAHRC Fellowship, Katy worked on a study of symptom management in End of Life Care.



In response to the needs identified through the research, Katy organised joint meetings with GPs, District Nurses and care home staff to improve their understanding of each other's roles in delivering end of life care.

The CLAHRC workshops on organisational change and change management helped her to adopt new working practices to promote the use of End of Life Care tools.

Through the CLAHRC Katy developed new contacts and relationships and raised awareness of her role in end of life care in the region.

"I have really enjoyed meeting so many people from different research areas that I wasn't familiar with before, and having time out of my job to understand research better so that I can put it into use."

Beyond the CLAHRC Fellowship, Katy is planning to continue delivering communication workshops, and promoting research based ideas through local conferences.

Events

Keep up to date with upcoming events



- **Schizophrenia Commission Open Evidence Session**, Imperial War Museum, London, 10th January 2012. The deadline for applying for tickets is 20th December. [Click here](#) for more information
- **NOCRI 1st Mental Health & Dementia Workshop**, Woburn House Conference Centre, 20 Tavistock Square, London, WC1H 9HQ on 31st January 2012 [Click here](#) for more information
- **Mental Health Research Network 2012 Scientific meeting**, held in Birmingham from 25-27 April 2012. [Click here](#) for more information.

Internal meetings

- CLAHRC Management Executive Group meeting 9th January 2012
- PPI Co-ordinating Group 25th January 2012
- CLAHRC Board meeting 26th January 2012



Merry Christmas and a Happy New Year
from CLAHRC CP

CLAHRC/NIHR News

New strategy for UK Life Sciences

The government has published its strategy for UK Life Sciences. It sets out policies and investments to support growth and innovation in the life sciences sector. See the [full report](#) or visit the [NIHR website](#) for more information.

NIHR leaflet about patient data in research

A new NIHR branded leaflet will be displayed in over half of the GP surgeries in the country, explaining why health data is important for research. You can download the [leaflet](#) here.

CLAHRC CP Staff News

Congratulations to Sarah Rae, lay member on the CLARHC CP Board and PPI co-ordinating group, who has been appointed as a Trustee of Mind.

Rosemary Abbott is leaving the CLAHRC. Her last day is the 16th December 2011.

Useful links/resources

Public involvement in research applications to the National Research Ethics Service (NRES)

A joint study by the National Research Ethics Service (NRES) and INVOLVE looks at the extent and nature of reported public involvement in health and social care research. Please [click here](#) for more information.

New report by the Centre for Mental Health finds that liaison psychiatry teams can achieve major cost savings to the NHS

Please [click here](#) for more information.

“Children and Young People’s health – where next?”

A joint report by the NHS confederation and the Royal College of Paediatrics and Child Health. Please [click here](#).

Public health and wellbeing in the East:

The public health newsletter by the Strategic Health Authority for Midlands and East . Please [click here](#).

The newsletter of the Mental Health Research Network’s East Anglia hub

Please [click here](#) for more information.

NHS atlas of variation in healthcare

Please [click here](#) for more information.

The winter bulletin of CEDAR, Centre for Diet and Activity Research, at the Institute of Public Health

Please [click here](#) for more information.

Developing an outcomes-based approach in mental health: report by the NHS Confederation’s Mental health Network

Please [click here](#) for more information.

The November newsletter of the NHS Institute for Innovation and Improvement

Please [click here](#) for more information.

